



Roma Mitchell
Secondary College



Volume
41
Week 9
Term 1
2016

Diary Dates

4 April	7.30pm Parents / Carers and Friends Committee Meeting
5 April	4-6pm Maths PD Session 2
6 April	7pm Governing Council
8 April	Sports Day
12 April	6pm STEM Presentations
15 April	Year 12 Formal
18 May	5 pm—6.30 pm Aboriginal Family BBQ



Traditional / Contemporary Art in Aboriginal Style

Identity: Finding our place and leaving our mark, by the Co Ed Campus students.

Newsletter



Roma Mitchell
Secondary College

Volume
41
Week 9
Term 1
2016

Principal's Report

Harmony Day

Our school recently embraced Harmony Day (although our celebration was held earlier than the national day) through the sharing of culturally diverse music, dance, food, art and sport across the campuses. This day supports and reinforces the importance of our School Value "Diversity" and it was a lot of fun.

Open Day

Open Day was a great success. Our school looked fantastic and it was wonderful to have the opportunity to meet with the 300 plus visitors. Thank you to our staff, students and parents for volunteering to support this very important event.

Sports Day

A meeting was held last week with the House Captains to discuss alternative activities we could run in response to Sports Day being cancelled (due to inclement weather). The House Captains spoke about how the students understood the reasons it was cancelled but were very disappointed and would like to have Sports Day re-scheduled to later this term. As a result, we have agreed to re-schedule Sports Day to Friday 8 April 2016. Please read the letter attached which includes details about the day.

Annual General Meeting (AGM)

The Annual General Meeting was held on Wednesday March 16. Parents were nominated and elected to the new Governing Council. Four vacancies still exist – three 2 year vacancies and one 1 year vacancy. Parents and caregivers who are interested in joining the Governing Council are encouraged to complete the nomination form included in this Newsletter and bring it to the next Governing Council meeting which will be held on Wednesday April 6 at 7pm, Level 1 in the Administration Building 1.

The current parent membership of the Governing Council is as follows:

Diane Newell	Parent
Karen Cameron	Parent
Sue Ferguson	Parent
Finola Harrington	Parent
Donna Henry	Parent
Lisa Oogjen	Parent

By Sandy Richardson



Roma Mitchell
Secondary College

(cont'd)

Volume
41
Week 9
Term 1
2016

Principal's Report

By Sandy Richardson

Parents, Carers and Friends Committee

The Parents, Carers and Friends Committee are in the process of organising a Parent Workshop on E-Information and Cyberbullying, amongst many other things. The next meeting will be held on Monday April 4 at 7:30pm in the Meeting Room on the ground floor of the Blue Administration Building 1. All parents and carers are welcome.

Excellence in Public Education Awards

These awards recognise teachers, leaders and support staff for their outstanding work in schools. If you would like to nominate a member of our staff for an award please visit the website Nominations close on Friday 15 April at 5pm.

Sandy Richardson
Principal



Roma Mitchell
Secondary College

Volume
41
Week 9
Term 1
2016

Curriculum Report

By Karen Fitzpatrick,

Middle Years International Consultant Visit

Our teachers spent last Thursday March 24, working together in Learning Area and Year Level teams preparing for our Middle Years International Baccalureate (IB) consultant visit this week. The consultant, Liam Hammer travels the world supporting and evaluating the curriculum development and teaching in other IB schools. We know that when teachers plan their curriculum and assessment tasks together and then have the chance to compare and discuss student work, learning is improved and students have a better understanding of what they need to do and how they can improve. We look forward to getting feedback and advice from our consultant and I will share that in the next newsletter.

Naplan

Next term on Tuesday May 10 to Thursday May 12, all of our Year 9 students across all campuses will sit the National Assessment Literacy and Numeracy (NAPLAN) tests. You would be familiar with this process taking place in primary school in years 3, 5 and 7. Please do your best to ensure that students attend on these days. The tests provide us with very valuable information about a student's strengths and weaker areas and in turn this helps teachers plan strategies to help students improve. Teachers discuss the results and suggested strategies for improvement with students and parents at our parent interviews early in Term 3. The strategies for improvement are then recorded on our Daymap system. You will receive a letter about the tests with the Term 1 report sent at the end of this term. If you have any concerns or queries about the testing please contact me on 81614600.

Term 1 Reports and Parent Interviews

Term 1 reports for all students will be posted home at the end of this term and you should receive them early in the school holidays. We hold a parent interview evening on Wednesday May 11, 2016. You will also receive a letter in the report explaining how to book an interview. We also ensure that interpreters in a range of languages attend the evening to assist with communication. If you have any problems making interview times with teachers or you have any concerns about your son or daughter's report you can contact me on 81614600.

Karen Fitzpatrick
Deputy Principal



Roma Mitchell
Secondary College

Volume
41
Week 9
Term 1
2016

Special Education Campus Report

By Andrew Glisenan-Reed

Over recent weeks I have had the pleasure to attend a number of Negotiated Education Plan (NEP) meetings which are an essential part of our work. It is always rewarding to meet with the team supporting every child and celebrate their learning and plan collaboratively for future years at RMSC and beyond.

As every child is unique so is their pathway and I would like to publicly acknowledge the work of the teachers who not only plan and deliver a rich, varied, and differentiated curriculum but also work tirelessly to secure successful post school pathways for our students. To this end we have further developed our Friday Transition Program to include options supported by TAFE and we are closely monitoring our first cohort. Next term our Transition Coordinator, Alison Pazios has arranged for visits to post-school option providers and I would encourage the caregivers of our senior students to check their child's diary for invitations to these events.

One of the greatest challenges of any school is to capture an authentic student voice and create genuine leadership opportunities for the diverse array of students who we support into adulthood. Our campus based Student Leadership Team includes a representative from each of the eight classes and they meet every fortnight to discuss what happens within the school and classroom. Every fortnight they report back at our assemblies and they have representatives who attend the whole school SRC. Our Student Leaders Team members for 2016 are:

SCMY1 - Michael

SCMY2 - Aidan

SCSC1 - Chloe

SCSC2 - Courtney

SCSC3 - Leslie

SCBO - Jalen

SCLA - Brandon

SCEU - Kane

In addition to this team the voice of our students is also heard through other leadership roles which exist across the whole school. Our House Captains and Prefects hold important positions that enable them to build their capacity whilst celebrating and modelling our values of Excellence, Diversity, and Respect in a variety of settings and forums which unite our three campuses.

Finally we are in the process of finalising the details of our next Parent Meeting which will include a presentation by MINDA on the new services they will be offering in our region. A flyer promoting the event will be forwarded once we confirm the date.

Andrew Glisenan-Reed
HEAD OF CAMPUS



Roma Mitchell
Secondary College

Volume
41
Week 9
Term 1
2016

International Women's Day

Worldwide International Women's Day is celebrated on the 8 March. Recently a group of female teachers, prefects and SRC members were given the opportunity to attend a Breakfast for International Women's Day, which was held at the Adelaide Convention Centre and hosted by senator Hon Penny Wong. Those who attended included over 2000 women of all ages, cultural backgrounds and funds raised from the event were donated to UN Women's National Committee. In this event we heard from a number of extraordinary speakers, who focused and reflected on progress made, while calling for change and celebrating the social, economical, cultural and political achievements of women over the world. Overall the International Women's Day Breakfast was an empowering and inspirational event which allowed us to look back on past struggles and accomplishments, and more importantly, to look ahead to the potential and opportunities which await future generations of women.

International Women's Day Breakfast Paragraph Alyssa



Girls' Education Campus Report

By Judith
Clelland



Roma Mitchell
Secondary College

Volume
41
Week 9
Term 1
2016

Co-Education Senior Years Campus Report

By Pepe
Bouzalas

Class of 2015

A very successful Old Scholars barbecue was held for student graduates from the class of 2015 at the school on Thursday, February 19. This was an informal social event that was organised to keep students informed about what is happening at our school and provided an opportunity to maintain friendships.

Campus Assembly

The Senior School campus assembly provided a great opportunity for students and staff to find out information about the great things that have been happening at our school and learn about upcoming events.

Prefects Heather Badger, Abram Baker, Mohammad Khazayee and Jasmine Newmarch hosted the assembly.

The program for the assembly included:

General information provided by Sandy Richardson (Principal)

- SRC students presented with SRC badges
- Music performances by Shari Tolcher (Year 12) and Akasha Malo (Year 10) from the Girls' Campus
- Harmony Day information provided by Matt Neale (Pastoral Support Worker)
- Women's International Day information provided by Christine Gadlan and Chloe Dziego (Year 12)
- Upcoming performances in the Arts provided by Charlotte Eastland (Teacher)
- Lunchtime activities and sports update provided by Megan Butterick (House Coordinator)

Harmony Day Activities

Our campus was involved in acknowledging and celebrating Harmony Day. Students and staff enjoyed a variety of food from different cultures and participated in a wide range of lunchtime activities including knockout soccer and volleyball competitions, AFL Long Bomb, Aboriginal art painting, Indian sand painting (Rangoli) and dance performances by Bollywood Dancers and African Dance Troupe.

Year 12 Formal

Year 12 Formal will be held in the Star Room at the Adelaide Entertainment Centre on Friday April 15, 2016, between 6.30 pm and 11.00 pm for students in Year 12. The Formal is a celebration of being in the final year of school and is an official school event. Parents/carers of students attending the Formal have been asked to complete and sign consent forms, as students will not be permitted to purchase a ticket without these forms having been signed by both student and parent/carer. The last day to finalise payment of tickets will be by recess time on Wednesday March 30, 2016.

If you have any concerns or require further details please do not hesitate to contact me by phone 81614600 or email pepe.bouzalas@rmsc.sa.edu.au

Pepe Bouzalas

Head of Campus Senior Years



Roma Mitchell
Secondary College

Volume
41
Week 9
Term 1
2016

Co—Education Middle Years Campus Re-

By Darryl Ashby and
Chelsea Benincasa (SRC Executive)

SRC Report

The SRC members took part in a training session in week 6 where the SRC Executive were elected. On this day members nominated to be part of a number of decision making committees at the school. These included the Strategic Directions Committee, Facilities Committee, Lunchtime Activities Committee and Uniform Committee. Since then these committees have met and students have played an active role. Last Thursday the SRC met again as a group and reports were presented from sub-committees to all present.

SRC Executive members attend National Young Leaders Day

The Halogen Foundation sponsors the National Young Leaders Day annually at Adelaide's Convention Centre. The National Young Leaders Day has supported more than 300,000 young people since 1997 all over Australia. This year the event occurred in Adelaide on March 21, 2016 with the events mantra being 'master the little'. The SRC Executive were invited to come along and share the day amongst other schools all over Adelaide's district.

SRC Executive members *Christian Lysandrou, Chelsea Benincasa, Liam Tomlin, Jon Oogjen and Cecille Sylla* attended. Chris Wojtkowiak. One school student counsellor joined in on the day and attended the sessions with our students. The SRC students had a great day listening to speakers such as Nathan Want, Alex Malley, Dylan Parker, Lionie Mckeon and Manal Younus.

All these speakers were willing to share their experience and what they have learnt throughout their lifetime with us. They shared inspirational quotes, for example -

'little things add up over time',

'leadership is about insight'

'remember no fear, no embarrassment' and

'small things lead to big things'.

Dylan Parker, whom the Australian movie Paper Planes inspiration was drawn from encouraged us to 'try new things even if they seem small' and to always 'be proud of yourself' Alex Malley additionally reminded us to not worry about what others think and if they tell you that you can not do something. Always remember that if you have the right mindset you are able to accomplish anything.



Roma Mitchell
Secondary College

SRC Report (cont'd)

As well students had the opportunity to participate in '10,000 ideas' where they were able to record a short video of a problem and then the little things that they can do that can help make a difference in society. Students were also able to communicate with people from organisations in the Expo of the event from Project Abroad, Headpsace, UniSA, Flinders University and Encounter Youth to name a few. Overall it was a great experience and the students that attended had a good time.



SRC Executive Members at the Convention Centre listening to guest speakers.

Chelsea Benincasa – SRC Executive

Darryl Ashby – Head of Campus / SRC Convenor

Volume
41
Week 9
Term 1
2016

Co—Education Middle Years Campus Re-

Chelsea Benincasa (SRC Executive)

By Darryl Ashby and



SRC

The Student Representative Council (SRC) is comprised of one representative and one proxy from each Care Group in the Co-Education and Girls' Campuses and class representatives from the Special Education Campus. These students are leadership group, communication group and decision-making group who work across many forums. Students self nominate to be a member of the schools Strategic Directions Committee, Fundraising, Facilities Committee, Lunchtime Activities Committee, Uniform Committees and Governing Council. They act as a conveyer of information in reporting back to their Care Group and bring concerns from their Care Group members back to SRC meetings for actioning. Students undertake leadership training and some will attend conferences for personal and group development.

The contributions of the Student Representative Council are highly valued at our school. Congratulations to the following students.

Care Group	SRC Class Representative	SRC Proxy
8CA	Behzad Ahmad	Jay Carroll
8CB	Anthony Steer	Yasin Hassanzadeh
8CC	Eric Taye	Kesha Stafford
8CD	Jesse Harvey	Ramim Hossin
8CE	Alyssa Dortmund	Cooper Yon
8CG	Teharn Shilock	Boyce White
8CS	Dylan Gray	Emily James
8GA	Kristina Farkas	Olivia Smith-Munroe
8GB	Anna Sifa	
RSCG		Clauda Hunt
9CA	Chiqane Reid	Peter Hutchinson
9CB	Ivan Soma	Hamid Alavi
9CC	Ruby Jeffrey	Caleb Stubbington
9CD	Jon Oogjen (Executive)	Alise Uwimana
9CG	Liam Tomlin (Executive)	Lucian Popescu
9CS	Cecille Sylla (Executive)	Sajad Ahmadi
9GA	Raathi Chota	Shakira Zahra
9GG	Sangna Joshi	Emily Luckhurst
9GS	Alison Woodward	Olivia Smith-Munroe
10CA		Cameron Williams
10CB	Moriba Maxime Loua	Shaharyar Ahmed
10CC	Caitlin Chandler	Amber Carter
10CD	Aganze Nshangalume	Ibrahim Hussein
10CE	Managi Mutanda	Will Crayford
10CF	Mehdi Alizedah	Brantary Manirana
10GA	Anna White (Executive)	Leanne Nguyen
10GB	Victoria Aligbe	Raebea Safari
10GC	Zahra Jaffary	Zeinab Heidari

Student Representative Council—SRC

Chelsea Benincasa (SRC Executive)

By Darryl Ashby
and
Darryl Ashby



SRC

Care Group	SRC Class Representative	SRC Proxy
11CA	Chelsea Benicasa (Executive)	Zachary Rademacher
11CB	Holly Mellors	Rhys Marin
11CC	Jay Bartlett	Velvet Hawksworth
11CD	Ibrahim Dad	Moses Kwhead
11CE	Anthony Williams	Jaxon Peace
11CF	Nick Attwood	Pranham Patel
11GA	Megha Brahmbhatt	Charlotte Coley (1) Jacinta Jeffries (2)
11GB	Naomi Winter	Shirin Mohammad Ali
11GC	Nargis Ayoubi	Tamara Grujic
12CA	Christian Lysandrou (Executive)	Brayden Stapleton-Cocks
12CB	Kayla Lambert	Tim Sayers-Bishop
12CC		Aaron Gyory
12CD	Chloe Hooker	
12CE	Josh Kaye	Shreyansh Patel
12CF		Shem Edwards
12GA	Alex Williams	
12GB	Kyrah Barbieri	
12GC	Meskerem Asemare Berhanu	



Roma Mitchell
Secondary College

Volume
41
Week 9
Term 1
2016

Prefects

The contributions of our Prefects and Student Representative Council are highly valued at our school. The role of the Prefect includes:

- representing the school at various functions
- being an excellent role model for other students, including exemplary code of conduct and academic achievement
- being an adviser where student opinion is sought
- supporting students from primary school during transition and at the start of their secondary schooling conveying a student voice to leadership where there are concerns in a certain area

Meetings are held regularly to plan and organise their involvement in school events, including hosting assemblies, participating as tour guides during Open Night, fundraising events and activities for students during pastoral care sessions.

Congratulations to the following students.

Year 12

Co-Education Campus

Chloe Dziego (Head Prefect)
Christine Gadlan,
Dakota Nixon (Head Prefect)
Barnet Luo

Girls' Education Campus

Alyssa Barbieri
Arrisaa Robles Rangel (Head Prefect)

Special Education Campus

Catlin Smith

Year 11

Co-Education Campus

Heather Badger
Abram Baker
Mohammad Khazayee
Jasmine Newmarch

Girls' Education Campus

Jacinta Jeffries
Sonali Gupta

Special Education Campus

Brandon Jenkins

Prefects

By Pepe Bouzalias



Roma Mitchell
Secondary College

Volume
41
Week 9
Term 1
2016

Key Club Members

Key Club members are provided with an opportunity to serve others and expand their personal horizons beyond their immediate peer group to the larger community. They chose to undertake projects to address the key needs of our school or community.

The Key Club operates in close support with the Kiwanis. Kiwanis International is a global organisation of volunteers dedicated to improving the world one child and one community at a time. In an atmosphere of fun and friendship, Kiwanians aim to make a difference.

The following students work towards 50 hours of service in a calendar year.

Amber Carter	Caitlin Chandler
Bella Hanson	Caitlyn Brooks
Deanna Parkinson	Deisha Tuarae
Dhruvi Patel	Elkira Simmons
Emily James	Emma Moody
Ferishta Ayoubi	Hannah Creswell
Harnoor Kaur	
Kaitlyn Handley	Kanita Sulaiman
Latifa Hakimi	Marzia Hussain
Nargis Ayoubi	Thao Ha
Patrice Simmons	

Key Club Members

By Darryl Ashby



Roma Mitchell
Secondary College

House Captains

Through a nomination and voting process the Roma Mitchell student body selected their house captains for 2016. These are conducted through house meetings in the lead up to Sports Day.

Thank you to all the staff who helped conduct the meetings and for all the students who nominated. Each year we are building with the number of quality applications.

Congratulations to the following students who were voted in to represent their house for 2016. We are sure that they will represent their houses and the school well throughout future sporting events and house activities.

House Name	Girls' Campus	Co-Ed Campus	Special Ed Campus
Nicholls "The Eagles"	Helen B Rose Awdo	Abbas Ali Cassie Abbott	Kate Rayner
Lee "The Dingos"	Kristina Farkas Julia Komondan	Fairerlyn Korgar Moses Kwhead	Omer Akyildiz
Hammond "The Sharks"	Emily Luckhurst Mary Markobotsaris	Kayla Lambert Dakota Nixon	Kane Garlick
Florey "The Crocs"	Anna Sifa Anna White	Micheal Tropeano Tiarnha Saunders	



Roma Mitchell
Secondary College

Harmony Day

As part of the school's celebration of Harmony Day in Week 6 students from each campus were invited to paint Aboriginal artwork on three different canvases. The paintings will be on display once they are completed. Thanks to Julie and Jamahl and all of the students who participated in this activity on Harmony Day. We look forward to seeing the finished canvases on display in each of the campuses soon.



Artists:
Co—
Education
Campus
Students

Arts Internship

A special congratulations to Year 10 student, Temika Vonsenden. Temika has been participating in the AIME (Australian Indigenous Mentoring Experience) program and at the end of 2015 in one of the sessions Temika completed a design that caught the attention of AIME staff. She is one of 18 students from around the country who have been selected to take part in an Arts Internship called 'Collaboration: an intensive art and design experience'.

Temika will travel to Sydney next month to take part in this amazing experience and learn from a range of designers, manufacturers and artists. There will be a chance for Temika and the other participants to showcase completed pieces of artwork at a Gallery Opening on the final day. We look forward to hearing about Temika's involvement in this fantastic opportunity when she returns from Sydney and wish her all the best.

The AIME program will begin in Term 2 and more information about the program will be given to students early next term.

Please note that we will be holding an Aboriginal Family BBQ on Wednesday, May 18, 2016 at 5.00pm to 6.30 pm at Roma Mitchell Secondary College Building 1.

We will be sending out invitations in Term 2.

Sarah Afshin Pour

Aboriginal Education Coordinator



Roma Mitchell
Secondary College

Volume
41
Week 9
Term 1
2016

Year 12 Physics students joined by a UniSA student conduct experiments at Uni SA facilities at Mawson Lakes.



Physics excursion

Physics

As part of the Stage 2 Physics course, all students are required to undertake a series of experimental tasks and complete a formal analysis of them. We are very fortunate at Roma Mitchell to have an ongoing partnership with the University of South Australia to be able to make use of their facilities at Mawson Lakes to perform our experimental sessions. Working with specialist staff at the university, the Stage 2 class last week investigated the conservation of momentum, using video capture equipment connected to computers to collect data from the collision of pucks on an air table. (A bit like a giant air hockey table).

The students then took the recorded data away to analyse and write up for assessment. The series of visits give students the chance to see the sorts of facilities that would be available to them if they were to go on to a university pathway, whilst giving the entire class access to equipment that is not normally available in schools. These visits also help to break up weeks of theory and practice questions with 'hands on' problems that stretch their abilities in new ways and help to prepare them for a possible future career in science.

Sean Venning
Stage 2 Physics teacher
Assistant Principal,

By Sean Venning



Roma Mitchell
Secondary College

Volume
41
Week 9
Term 1
2016

Outdoor Education & SAASTA

Lunchtime

Lunchtime activities this year at Roma are off to a flying start. With much feedback from the student body and with the generous help and support of teaching staff, we have been able to put together an engaging and comprehensive list of activities. The gymnasium and weights room is open every day with a variety of different sporting pursuits available for all students. Additionally, the team in Building 10 are providing board games, school radio and homework support for the Middle Years. Mr Wojtkowiak is running Key Club this year & Mr Ashby is again looking after the SRC.

New to the time-table is Miss Hawksley's self defence classes, which the girls are loving and Vanessa Grebshikoff has brought back knitting and crafts on Girls' Campus. Out in the court yard on Co-Ed this term Matt Neale has been setting up table tennis, which has been a great success. We also have many of the old favorites like scrap booking, math support, choir and music lessons, board games & table top games which are up and running again.

ATSI cultural painting is soon to get under way and the model aircraft building is also continuing from last year. In addition to the set time tabled activities there has also been athletics training and a range of small competitions being held with Mr Carter, Miss Vegter and myself. After school we also run badminton, volleyball, girls fitness and homework club, so there are ample opportunities to be engaged in the school community after scheduled classroom hours. Involvement in all extra-curricular activities earn your house points towards the lunch time involvement and community shield award. Each care group teacher has been emailed a copy so check it out to see what you can get involved in. We look forward to seeing you actively involved in the school community during your break times.

SAASTA

The South Australian Aboriginal Sports Training Academy (SAASTA) is run every Thursday at UniSA Mawson Lakes campus and this year we have 10 students from Roma Mitchell who are a part of the 40 strong academy. Students are engaged in a variety of different courses from HPE, Numeracy, Integrated Learning, and Certificate in Sport and Recreation.

One of the units in our Integrated Learning has been centered on designing a football guernsey to be worn in the up-coming Aboriginal Power Cup (APC) to be held in Term 2. Mawson Lakes have 2 teams entered in the APC, the Wilto's, Kurna for eagles, which is Amelia's design and the Hawks, which is Temika's design. All students had the opportunity to design their guernsey and explain the significance behind it. Temika Vonsenden and Amelia Brown won best design as voted by their teammates and SAASTA mentors. Both girls are part of the girls' campus here at Roma Mitchell. Congratulations to both Temika and Amelia on their great design, I hope they bring us good luck in next terms carnival.



Megan Butterick

Physical Education and Outdoor Education Teacher



Roma Mitchell
Secondary College

Volume
41
Week 9
Term 1
2016



Year 10 Boys T20 Blast Cricket

Roma Mitchell were defeated by Pedare

Best players were: Sukhwinder Singh and Aatif Sunsara

Senior Boys One Day Cricket

Roma Mitchell were narrowly defeated by Blackfriars

Best players were:

Lucas Ritchie-Carvell and Krutarth Suthar



Senior Boys Ultimate Frisbee

Both the Year 11 and 12 teams finished 3rd

Best players were: Rhys Marin and Dakota Nixon



Harmony Day Cricket

Year 8 and 9 students from the Co-Ed and Girls' Campus participated in a T20 competition ran by SACA to celebrate Harmony Day.

By Rebecca Vegter



Roma Mitchell
Secondary College

Volume
41
Week 9
Term 1
2016



Lacrosse Clinic

Girls from Co-Ed and Girls' Campus have had the opportunity to participate in lunchtime lacrosse clinics run by the North Adelaide Lacrosse Club and UniSA students. Students interested in trying lacrosse are welcome to join in on the Girls' Campus oval every Tuesday at lunchtime.

Sports Report Term 1



Roma Mitchell
Secondary College



21 MARCH

HARMONY DAY



Rangoli artists

Morh *(Peacock)*

All Year 12
Girls' Campus

Rupa Adhikari, Pooja Joseph, Teel Patel, Harpreet Kaur, Razia Rizayee.

The purpose of rangoli is decoration, and it is thought to bring good luck. Design depictions may also vary as they reflect traditions, folklore and practices that are unique to each area. It is traditionally done by women.

Generally, this practice is showcased during occasions such as festivals, auspicious observances, marriage celebrations and other similar milestones and gatherings.

Harmony Day
celebrations



From the Students of 8CE for English

Life is like a roundabout.

Life is like an elevator, on your way up sometimes you have to stop and let some people off.

Life is like a roller-coaster when you get on shut your eyes hold on tight and don't look back.

Life is like a pineapple. It can be hard on the outside and soft in the middle.

Life is like a map. You follow it until you find your X.

Life is like a video game. If you don't know how to control it, its chaos.

Life is not life until you live it.

Life is like an ever-shifting kaleidoscope. A slight change and all the patterns alter.

Life is like a mystery novel. You never know what's going to happen next.

Life is like a bicycle. Keep your balance and keep moving forward.

Life is like a blank piece of paper and we are the pen. Each day we write something different onto our paper of life and in the end our thousands of written paper forms a book and is stored on a shelf next to many others.

Life is like a Samsung telephone. It has to be charged to work.

Life is like a battery. Use it wisely or it will die.

Life is like the periodic table. There are so many elements making up everything in your existence.

Life is like a soccer ball. Sometimes you can get kicked around.

Life is like a waterfall; you tend to just go with the flow.

Life is like Scooby Doo. You might not like to do the mystery but there is a Scooby snack at the end.

Life is like a clock. It will keep ticking by until it stops.

Life is like the seasons, over time we change and our colours begin to show, revealing new and extravagant things about ourselves.

Life is like a black cat. If you pass it your life goes off and if you don't your life stays on the right track.

Life is like a \$1 coin. You can spend it anyway you want, but only once.

Life is like soccer. You need goals.

Life is like a mirror we get the best results when we smile.



Roma Mitchell
Secondary College

Volume
41
Week 9
Term 1
2016

Finance News

FINANCE

2016 Materials and Services Fees are due to be paid before the end of term 1.

Payment can be made by cash, cheque, credit card, eftpos or direct debit.

DIRECT DEBIT: The school is now also offering direct debit payment plans. Payments can be made from your nominated bank or credit card account. Payments can occur weekly, fortnightly or monthly.

If you think this payment option will assist you in finalising amounts outstanding for school fees, laptops or uniform, please contact the Finance Manager on 8161 4600 to arrange a suitable time to set up a direct debit payment plan.

SCHOOL CARD 2016

Parents/Caregivers are reminded that a new school card application must be submitted every year. Forms are available at Student Services.

Please contact Student Services on 8161 4666 if you require any information regarding eligibility or assistance with completing the application.

Approved School Card applicants are relieved from paying the Material and Services Charges.

FRIENDLY REMINDERS:

The second instalment for the following commitment to pay plans are due before the end of March;

Uniform Payment Plan

Materials and Services Charges

The first laptop instalment payment was due at the end of February.

Thankyou to families who have already made payments.

Carmel Hall
FINANCE MANAGER

Entertainment Book

We are selling the Entertainment Book to raise funds for shade trees.

If you wish to order an Entertainment Book you can order online at

<https://www.entertainmentbook.com.au/orderbooks/1678m40>

You have the option to purchase a digital copy or a hard copy of the book which can then be collected from the school (you will need to produce your receipt at the time of collection).

If you wish to purchase directly from the school, books will be available from the 2nd May 2016 for the price of \$65.00 and can be obtained from the front office, Administration Building (dark blue building).

Rachael Wieland
BUSINESS MANAGER

Fundraising



Roma Mitchell
Secondary College

Volume
41
Week 9
Term 1
2016



SOUTH AUSTRALIA POLICE
KEEPING SA SAFE

22nd February 2016

Keeping children safe and reporting suspected incidents is the responsibility of everyone in the community.

In recent times there have been incidents around schools where parents have observed alleged suspicious activities by others and have confronted the individuals concerned. Confronting a potential suspect may expose the member of the public to physical danger or result in having their property damaged. It is important that any suspected crime is properly investigated by police - they have responsibility and the expertise to investigate these situations.

If you witness a person behaving suspiciously in or around the school, Police do not recommend you confront the person because you may expose yourself to physical danger or it may result in your property being damaged.

Alternatively, police recommend you obtain a detailed description of the person and/or a vehicle registration number if applicable and report the matter to the police via 000 in an emergency or 131444 for police assistance. Police will follow up the information you have provided and take appropriate action where necessary.

Further safety information can be found at

<https://www.police.sa.gov.au/your-safety>



Government
of South Australia
Department for Education
and Child Development

Community News



Roma Mitchell
Secondary College

Volume
41
Week 9
Term 1
2016

School Holiday Program

Thursday 21 April

Build a Skateboard

Ride home on your very own hand built and custom detailed Skateboard. Test out your rad creation at the nearby skate park. How sic can you make your ride?

Age: 14+ years
Time: 9.00am – 2.30pm Cost: \$149

Photobook - create your own memories

Compile your own high quality photos into a great 24 page coffee table book of memories. You bring the photos on a USB and we help you with the rest!

Age: 16+ years
Time: 9.00am – 12.00pm Cost: \$49

Computer Basics - Advanced

Learn some of the advanced features of common computer programs like Word, Excel and Outlook.

Age: 16+ years
Time: 12.30pm – 2.30pm Cost: \$25

Build you own toy wooden truck

Construct your own personal toy wooden truck like the professionals. Will you detail it like a Mack or a Kenworth?

Age: 10+ years
Time: 9.00am – 12.00pm Cost: \$25

Design your own T-shirt

Are you creative? Want to personalise your own T-shirt? In two hours walk away with your own personalised designer tee.

Age: 10+ years
Time: 12.30pm – 2.30pm Cost: \$25

How to book

www.tafesa.edu.au/shortcourses
Book early to avoid disappointment.
Cancellations are non refundable.

Booking Conditions:

1. Full payment is required to secure a booking with either a credit card or a debit card.

Contact information

Elizabeth Campus
Woodforde Rd. Elizabeth SA 5112
Kylee Wright T: (08) 8207 9509

tafesa.edu.au/shortcourses

Every effort has been made to ensure the information provided was accurate as at March 2016, however TAFE SA may amend details in response to changing circumstances. Check website for most up to date information.

CRICOS Code: 00032B | RTO Code: 41026 | Information current March 2016



Elizabeth
Easter School Holiday
Program 2016



Easter School Holiday Program_2016_Elizabeth Campus_V2.indd 1

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Monday 18 April

Build a Skateboard

Ride home on your very own hand built and custom detailed Skateboard. Test out your rad creation at the nearby skate park. How sic can you make your ride?

Age: 14+ years
Time: 9.00am – 2.30pm Cost: \$149

Design your own T-shirt

Are you creative? Want to personalise your own T-shirt? In three hours walk away with your own personalised designer tee.

Age: 10+ years
Time: 9.00am – 12.00pm Cost: \$25

Self-defence for Women

Hear from SAPOL about your legal rights and ways to keep yourself safe. Then learn how to protect yourself.

Please Note: This activity will have a physical element. Participants wishing to practice these movements should be physically mobile and wear comfortable clothing. Participation in any physical activity is not compulsory.

Age: 16+ years Females only.
Time: 9.00am – 12.00pm Cost: \$49

Computer language for adults

Can you speak the same language as your kids when they talk about Snapchat, Instagram, Tweeting or Facebook? Learn the relevant language so you are able to have the conversations with your kids to keep them safe!

Suitable for parents
Time: 12.30pm – 2.30pm Cost: \$25

Make a Hacki Sac and compete

Make your own Hacki Sac. Customise the look and style and then see how good you are. Hours of fun!

Age: 10+ years
Time: 12.30pm – 2.30pm Cost: \$25

Tuesday 19 April

Build a Skateboard

Ride home on your very own hand built and custom detailed Skateboard. Test out your rad creation at the nearby skate park. How sic can you make your ride?

Age: 14+ years
Time: 9.00am – 2.30pm Cost: \$149

Build you own toy wooden car

Construct your own personal toy wooden car like the professionals. Will you detail it like a M'Laren or a Williams?

Age: 10+ years
Time: 9.00am – 12.00pm Cost: \$25

Make a Hacki Sac and compete

Make your own Hacki Sac. Customise the look and style and then see how good you are. Hours of fun!

Age: 10+ years
Time: 12.30pm – 2.30pm Cost: \$25

Photobook - create your own memories

Compile your own high quality photos into a great 24 page coffee table book of memories. You bring the photos on a USB and we help you with the rest!

Age: 16+ years
Time: 9.00am – 12.00pm Cost: \$49

Computer Basics - Advanced

Learn some of the advanced features of common computer programs like Word, Excel and Outlook.

Age: 16+ years
Time: 12.30pm – 2.30pm Cost: \$25



Wednesday 20 April

Build a Skateboard

Ride home on your very own hand built and custom detailed Skateboard. Test out your rad creation at the nearby skate park. How sic can you make your ride?

Age: 14+ years
Time: 9.00am – 2.30pm Cost: \$149

Self-defence for Women

Hear from SAPOL about your legal rights and ways to keep yourself safe. Then learn how to protect yourself.

Please Note: This activity will have a physical element. Participants wishing to practice these movements should be physically mobile and wear comfortable clothing. Participation in any physical activity is not compulsory.

Age: 16+ years Females only.
Time: 9.00am – 12.00pm Cost: \$49

Make a Hacki Sac and compete

Make your own Hacki Sac. Customise the look and style and then see how good you are. Hours of fun!

Age: 10+ years
Time: 12.30pm – 2.30pm Cost: \$25

Computer Basics - Beginners

Learn some of the basic features of common computer programs like Word, Excel and Outlook.

Age: 16+ years
Time: 9.00pm – 12.00pm Cost: \$25

Computer language for adults

Can you speak the same language as your kids when they talk about Snapchat, Instagram, Tweeting or Facebook? Learn the relevant language so you are able to have the conversations with your kids to keep them safe!

Suitable for parents
Time: 12.30pm – 2.30pm Cost: \$25

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Roma Mitchell
Secondary College

Volume
41
Week 9
Term 1
2016

Kids Day Out

For ages 7 - 12 years

April school holiday fun for the budding chefs of the future!

All sessions held from 9.30 am -12.30 pm and cost \$45 per head

Thursday 21 April 2016

Friday 22 April 2016

Tiny Tasty Sweet Treats

Come and join Chef Danielle for a fun filled morning as she will turn two classic dishes into tasty tiny treats.

Mini chocolate banoffee pies and mini apple and cinnamon loaves. You will learn how to make chocolate pastry, chocolate caramel filling, rich butter cakes topped with apple and cinnamon and a spiced honey cream.

Italian Feast

This class is back by popular demand!

Chef Nick will teach you how to make fresh home-made pasta from the finest ingredients along with other traditional Italian dishes including arancini balls and for those with a sweet tooth – your own tiramisu!

Breakfast Buddies!

Learn how to prepare some fun and nutritious breakfasts.

Delicious recipes that are kid-friendly and fast – exactly what you need for those crazy mornings!

Chef Dave will help you to make yoghurt muesli berry pots in a jar to take home, breakfast frittata and the favourite - hot cakes.

Tiny Tasty Sweet Treats

Come and join Chef Danielle for a fun filled morning as she will turn two classic dishes into tasty tiny treats.

Mini chocolate banoffee pies and mini apple and cinnamon loaves. You will learn how to make chocolate pastry, chocolate caramel filling, rich butter cakes topped with apple and cinnamon and a spiced honey cream.



Breakfast Buddies!

Learn how to prepare some fun and nutritious breakfasts.

Delicious recipes that are kid-friendly and fast – exactly what you need for those crazy mornings!

Chef Dave will help you to make yoghurt muesli berry pots in a jar to take home, breakfast frittata and the favourite - hot cakes.

Book at: eventopia.co/RGA

For further information:

TAFE SA Regency Campus
137 Days Road REGENCY PARK SA 5010
P: 8348 4097 E: hospitality@tafesa.edu.au

[facebook.com/tafesaRGA](https://www.facebook.com/tafesaRGA)



A Children's University
Learning Destination

Lets get cooking - FREE class for parents

While your kids are enjoying the cooking classes Pam Tobin and the team from The Food Studio would be delighted to have your company for a special cooking class of your own!

Enjoy an educational and fun few hours learning delicious and easy everyday meals using local fresh produce.

Special guest chefs and a celebrity host will be on board.

Prizes, give-aways, recipes and tastings will add to the mornings enjoyment. So come along and join in the fun!

To book for this event, please contact Gemma McGowan on 8348 4097 or gemma.mcgowan@tafesa.edu.au



RTO Code: 41026

School Holiday Program



Roma Mitchell
Secondary College

Volume
41
Week 9
Term 1
2016

GIVING BLOOD FEELS GOOD

Every donation can save three lives.

**The Blood Service Mobile Blood Donor
Centre will be visiting:**

Mawson Lakes

UNISA Car Park ML15 off Mawson Lakes
Boulevard

Wednesday 13 April	12.00 pm to 7.00 pm
Thursday 14 April	11.30 am to 7.00 pm
Friday 15 April	9.00 am to 3.30 pm

To make an appointment call **13 14 95**
or visit donateblood.com.au



Australian Red Cross



Roma Mitchell
Secondary College

Volume
41
Week 9
Term 1
2016

Raising Resilient Teenagers



FREE online program empowering parents to make sense of adolescence and parent their teenager more confidently.

We are inviting parents and their teenagers to take part in a trial of a new online parenting program designed to provide parents with strategies to manage the challenges of adolescence and stay connected with their teenager.

Who can take part?

Parents or guardians of at least one child aged 12 to 15 who live in Australia, are fluent in English, and have internet access.

As our program is designed to **prevent** depression and anxiety disorders in teenagers, it is not suited for parents who think their teenager may be in need of professional treatment for mental health concerns.

If your teenager is currently having difficulties with depression or anxiety, we recommend that you see a trained mental health professional rather than participating in this research.

What's involved?

- As a parent, you will receive a brief, individually tailored parenting program that will give you feedback about your current parenting and strategies to reduce the risk of depression and anxiety in your teenager.
- You will be allocated to one of two groups, either receiving the program straight away, or in 3 months' time.
- We will ask both you and your teenager (if they agree to take part) to complete some online surveys, at the beginning, and after 3 months. We may also ask you to complete similar surveys after 6 and 12 months.

In total over 12 months, your participation will take a few hours of yours and your child's time. To say thank you, both you and your child will be reimbursed with e-gift vouchers.

How do I find out more?

To find out more, or to register to participate, please go to www.parentingstrategies.net/depression.brief.intervention
For further details, you can contact the researchers at med-parentingstrategies@monash.edu or on (03) 9905 1250.



PARENTING STRATEGIES:
Preventing Depression & Anxiety

This research has been approved by the Monash University Human Research Ethics Committee.



Roma Mitchell
Secondary College

Volume
41
Week 9
Term 1
2016

Children Communities Connections Symposium

2016 CHILDREN COMMUNITIES CONNECTIONS SYMPOSIUM



Join the conversation as we hear from some great minds on

**Technology,
Children &
Families**

The Good, the Bad and the Ugly



Senator Nick Xenophon
Independent Senator for SA
*Gambling, Technology and the
Community*



Dr Kate Highfield, Lecturer,
Macquarie University
Healthy Use of Technology



Ben Riley, Psychotherapist,
Lecturer, Flinders University
Technology and Gambling



Michael White,
Executive Officer,
SANDAS
*Gambling Technology,
Drugs and Alcohol*



Dr Lesley-Anne Ey, Lecturer,
University of SA
*Technology and Sexualisation
of Children*

Who should attend?

social workers, family support workers, youth workers, pastoral care workers, community services managers, government and non-government agency workers, policy makers and interested parents

8:45am - 5:00pm, TUESDAY MAY 17, 2016

Salvation Army Ingle Farm, SA, Australia

Fee \$75 (includes lunch) | Register now at www.trybooking.com/KPJT

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